

Game option 1

Spread out all the rings (without the stand) in front of the child and let the child "explore" the different rings with all his/her senses. The child will first look closely at the rings before reaching out to grab them. Then he/she will turn them over in his/her hands before putting them to his/her mouth. After exploring the rings, the children will probably lay/place the rings down on the floor. It will be a new physical experience for the children to see the rings topple over, roll away, move about or stay in the same place.

Game option 2

For this game you need the rings and the wooden stand. Spread the rings out in front of the child. Encourage the child to try to stack the rings on the wooden stand. This activity requires good hand-eye coordination and manipulation skills.

The child will discover by grabbing and feeling the rings/discs, by looking at them and more often than not, by putting the rings in his/her mouth that the textures of the rings all feel, taste, look and sound different.

Some of the sensory rings i.e. those made of wood like the beaded rings or wooden discs make a louder noise than the soft rings i.e. the fabric rings when stacked. The children will learn to manipulate and stack each ring differently, according to its texture.

Game option 3

Game 3 is played in the same way as game 2, but this time the rings are hidden in the velvet bag supplied with the game. The children think it is really exciting to put their hand inside the cloth bag and feel around for a unknown ring. The carer may need to give a little help to encourage the child at this stage.

Game option 4

For this game you need the wooden stand as well as the rings. Place all the sensory rings in the velvet bag. The carer takes each ring out of the bag one by one, names it and describes it in one of the following ways:

- This is the ... ring.
- The brush ring is scratchy. At this point, let the child touch the brush ring or alternatively gently stroke his/her arm with the ring.
- The layered fabric "floppy" ring feels really soft. It is gentle on the skin. The fabric ring with the knot and two end ties is soft to touch and gentle on the skin.
- The ring with the big red beads feels heavy to hold and has a smooth surface. The wooden disc is smooth and hard.

Afterwards the child can stack the individual rings on the stand.